TUT Overview and Cover-Texts

Copyright Tim Reeves, Carolastr. 1A, D-04736 Waldheim

The Unity Trilogy is about:

- Looking at all known forms of ESP and seeing that they all can be explained by just three distinct mechanisms, which must therefore be basic attributes of Existence.
- Examining morphic resonance and morphogenetic fields, and explaining them as a fourth basic attribute, or mechanism, of Existence. It is fundamental in various fields of life and experience.
- A path to spiritual experience and awakening (Non-Identification), based on the practice of extra-sensory perception and reflection on your experiences.
- How life in the attained states feels, and how it may change your attitudes on many topics of everyday life.
- The existential questions of our lives such as life after death, karma and reincarnation. They are looked at in the light of what we can deduce about them from the mechanisms behind ESP and morphic resonance.
- The fact that modern science (especially quantum mechanics and the foundation of space-time) can support, and profit from, the experiential aspect of life. The subjective and the objective are crippled when considered separately, they belong together.

Personal experiences beyond the conventional senses provide certainty about otherwise unimagined dimensions of Existence. Reflecting on these experiences leads to a variety of insights and reveals a deep interconnectedness. This, in turn, provides such a profound sense of grounding that fear and uncertainty – despite the fundamental vulnerability of the organism – will have much less influence on you.

You will intuitively know that Existence is a Unity, developing in total interdependence since everything is informationally connected. Your life will unfold against this backdrop, in acceptance of what is, and the question of self-acceptance will no longer arise in you. You will have preferences without insisting on them, and you will be more emotionally stable. Your sense of relationship will expand to: I am *already* in relationship with all beings. From this, your life will naturally orient itself towards the common good.

A spiritual path is not the same as a spiritual life – I call people who live respectful, thoughtful and helpful lives spiritual, as this reflects the essential connectedness and furthers the common good. This is the main thing – it's the way you live that counts, not whether you choose a spiritual path. It has however been my experience that a spiritual path adds depth and further aspects to life. When enough people live spiritual lives we'll have a respectful, peaceful and

sustainable human race. Spirituality is distinct from insight into the nature of existence – the former is fundamental, the latter, by comparison, the icing on the cake.

The Unity Trilogy stands alongside other spiritual traditions, describing a path based on experience, reflection, insight and embodiment. In addition, it considers the nature of existence in terms of modern physics: Existence is a holistic unity, to which science and spirituality offer complementary perspectives. The rational and experiential levels belong together, like two sides of one coin.

Book 1

Title: ***Perception Throughout Space and Time***

Subtitle: ESP – the foundation of spiritual experience – and the mechanism behind it

Cover-Text: A good look at all major known types of ESP reveals that they can all be traced back to just three mechanisms; the author suggests that these are simply three facets of the foundational level of Existence from which our spacetime emerges. This demystifies ESP and spirituality – without detracting from them. A basic understanding of how Existence works has in turn huge repercussions regarding the existential questions of our own individual lives: Life after death, past lives, near death experiences… and it offers remarkable possibilities which can enrich all our lives, and are especially relevant for people with disabilities.

What is established here in book one forms the backdrop for a spiritual path based on experience, reflection, insight and embodiment, described in book two. Book two also addresses further questions such as karma, souls and reincarnation.

Book 2

Title: ***Beyond Freedom***

Subtitle: How to get there, stages on the path, and aspects of human life seen from the awakened state of non-identification.

Cover-Text: This book is not appealing to your ego – not to get more successful, richer, come to positive self-worth feelings and feel happy with all you have achieved. The idea of personal achievement strengthens ego, yet success is something you can *have*, but not what you *are*. So this book is about *transcending* the ego – the benefits of which, for *all* beings, are for you to discover.

Many spiritual paths attempt to bring you straight to the state of Liberation, where thought processes have subsided (‘no-mind’) and you are in presence. However, spiritual experience is a form of ESP (extrasensory perception). Thus a path based on ESP, and including reflection on your experience, rewards you with clear progress in small steps, and offers insights into the nature of existence. This will help you not to be overwhelmed when Satoris (sudden flashes of

Oneness experience) and even Liberation do happen. It will also give you knowledge enough to avoid wrongly interpreting your experience.

Book 3

Title: ***The underlying nature of Existence***

Subtitle: Pointers from established and foundational level physics, Morphic Resonance, Energy bodies, Memory, Sentience and Consciousness, Mind over Matter, Determinism, Models of Existence

Cover-Text: While I recommend books one and two for all spiritual seekers, this is a book about existential physics, so it will be of particular interest to those with an academic inclination. It begins with a layman-level overview of the relevant elements from established and foundational level physics. It then sheds light on the nature of the foundational level of our spacetime universe by looking at which attributes ESP, spiritual experience and morphic resonance imply that the foundational level must have. Based on the overview and these implications, it then moves on to look at all the topics noted in the subtitle.