

The Galactic Community

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PTST = Perception Throughout Space and Time

I've proposed the name PTST for an underlying characteristic of our physical universe, which facilitates ESP and can be proven through your own experience. To my knowledge it has until now not been formulated by physicists. And it's important to underline that we are talking about what is perceivable for our conscious minds – not more, and not less.

- **Perception**

Perception beyond the five materially based senses in the conscious mind of the being making the experience. PTST covers factual information and also mind to mind communication. A fascinating question is implied: The role of mind in existence.

- **Throughout Space**

PTST works independently of separation in space. ESP regarding events on Earth can often be verified, be it on the other side of the Earth. But that's a minute distance compared with the vastness of space. In book one I wrote at some length about my personal experiences spanning our galaxy. Therefore I understand "Throughout Space" to include at least the volume of our Milky Way galaxy.

- **and Time**

My own ESP experiences span the subjective present and thousands of years into the

past – given the appropriate keys to mediate the experience. The subjective future has not been any part of my experiences. But seen logically, conscious beings in the far distant future could reach back in time in *their* perception and perceive everything which went before. In this sense, I see the description “Throughout Time” as justified.

Visions of societies orchestrated via PTST

Before we dive in: No really advanced societies have anything like money, the whole idea has been dropped. This is because money is a tool born of greed and at the best an expression of not trusting others to do their bit for the common good. In fact, in galactic community societies there isn’t even a question of trusting others – everyone *knows* that everyone else will do more than enough for the common good.

Non-separate anarchies

To quote Wikipedia on anarchy: “Anarchy is the state of a society being freely constituted without authorities or a governing body.” Seen from the current status quo, this may conjure up negative pictures of chaos and lawlessness – and indeed, as human beings are right now, it probably would (initially) be like that. But that’s not what I mean. I’m writing about what I term “Non-separate anarchy” – which is what *automatically* happens in a spiritually mature society. Try to imagine how it would be when each individual can truly say of every other individual: That’s me. How or why would I exploit myself? How could I not respond when I am hungry? How for the love of God could I and some others make war on another group of ourselves? Raving Madness!

Spiritually advanced civilisations have no need of any external governing structure, because all individuals live their lives for the good and well-being of all. This happens partly as individual cognitive processes. But also the individuals are more open to, and connected with, patterns of consciousness at larger, conglomerate levels (all facilitated by PTST). Thus the *impulses* for individual spontaneous decisions and actions are often an expression of a group mind, achieving a harmony of action otherwise not attainable. So in a sense, these ‘anarchists’ do have an organising component – but it is nothing top-down, instead it is an expression of a single group mind, realised within Perception Throughout Space and Time, in which all involved or affected are represented.

True freedom is when rules are no longer needed.

Low-tech example society

This is a *really* old race, whose individuals have very meagre demands on their environment. The teaching of the young includes no facts to be learned parrot-fashion, so no schools are needed. Rather, mature individuals drop by on impulse to the communal crèche, and enjoy being and interacting with the young ones. The shelter they need is holes dug in the ground, the little food they require (for the young) is grown by themselves in gardens. Crime is unknown, indeed inconceivable. So: No rich or poor, no striving, winning or losing, no schools, no shops, no elections or government, no news in a conventional sense, no judiciary, no police – and very definitely no armies. Think this sounds boring? To current humans it might be – but the lives of *these* beings are lived mainly on the inside, in the realms of awareness and perception, in the fullness of Perception Throughout Space and Time. This makes their lives very vivid and involved on a galactic level. Due to a lack of common experience for understanding them, to most humans they would appear ineffable.

High-Tech example society

This is about the Spacefarers whose starships and space stations are described above: A race based in space, on space stations and in spaceships, with occasional visits to planets to replenish and diversify on stocks of air, water, earth and seeds. Their recycling is way beyond anything humans yet have, but small losses are unavoidable. This is a *really* high-tech civilisation, which entails very advanced personal skills, manufacturing facilities and a high degree of care about all jobs to be performed – or we'll all be breathing vacuum... How can this work without any governing body? Like this: Trips on the spaceships are agreed on beforehand, with various roles to be fulfilled, whereby most individuals have more than one skill set. So during the voyage, everyone does what they agreed to do before setting out. There is no captain – whoever is currently in the pilots seat is the effective organiser if anything non-routine crops up.

On the space stations there is a physical jobs board on the living space ring, with lots of slips of paper-equivalent on it. Each one lists a job needing doing today, or possibly for several days. By current human thinking this could be organised more efficiently electronically – but there's no hurry, no money to be made or lost, no competition forcing cost-cutting. And it's much nicer to meet others there, to share some words about who fancies doing what while making sure that the important jobs do get done. Who puts the job slips on the board? The individual who takes the slip of paper naming exactly that job does it.

We could consider a lot of other types of beings and civilisations – aquatic societies, hive minds, beings of pure 'energy' (i.e. non-corporeal) – the point is, it can and does work

fine as an anarchy – provided the (apparently separate) individuals are grounded in the ultimate truth of the non-separateness of all beings in the realm of consciousness.

The Galactic Community

A human being is part of the whole, called by us 'Universe'; a part limited in time and space. He experiences himself, his thoughts and feelings as something separated from the rest – a kind of optical delusion of his consciousness.

This delusion is a kind of prison for us, restricting us to our personal desires and affection for a few persons nearest us.

Our task must be to free ourselves from this prison by widening our circle of compassion to embrace all living creatures and the whole of nature in its beauty.

Albert Einstein (1879 – 1955) Physicist & Nobel Laureate

I don't know if Einstein had any idea or glimpse of the galactic community, but here he certainly described them beautifully.

Some readers will no doubt (initially) find this section far-fetched. But think about it: Given the nature of PTST, and the conscious access which all beings with mind potentially have to it, then a galactic community of this type is not impossible or even unlikely, but rather inevitable. It is composed of all those mature races whose individuals are in general open to perception via PTST (and thus where the knowledge of PTST and the galactic community is anchored in their species morphic social field – more on that in book three).

I was recently reading a science fiction story for evening relaxation and was surprised to read the author describing an empathic galactic community similar in quality to my own perceptions. Where I'm talking about it being based on PTST, the author Dan Simmons, in the Hyperion novels, calls it the 'Void Which Binds'. Whether Simmons made it up as wishful thinking, or in fact had some connection to the actually existent community, I don't know. Either way, I'm not alone with my vision.

The galactic community is based on PTST

Some esoteric people are waiting to be saved by the invasion from the fifth dimension, while star-{gate|trek|wars} fans are rooting for the Alcubierre warp drive to be built. The actual galactic community is not in the least like any of this.

Races scattered throughout the galaxy, whose morphic social fields carry more advanced information, have no inclination towards egocentric practice. Instead, they practice **cooperative co-creation for the common good**. And while the common good must

sometimes take precedence over the whims of individuals, it always includes the well-being of all individuals.

A wide variety of races in the galactic community

In the star-~~gate~~~~|trek|wars~~ films we're used to seeing human actors running around with funny rubber masks on. In more recent blockbuster films using CGI (Computer Generated Imagery), such as Alien or Avatar, we at least have aliens which look realistically different to the bipedal body plan. Sadly, a lot of them look like they'll eat you for breakfast. The truth is much more varied, and looks remarkably peaceful (if you can see past the differentness of form to the essence of the beings). By my own experience the galactic community includes:

- Bipedal beings – some more or less mammalian, some with features more reminiscent of reptiles, and of various types of thermoregulation. The few spacefaring races are, to my knowledge, all of this type, as hands are needed for manipulation.
- Quadrupedal beings – I was connected with one remarkably like a panther.
- Aquatic societies – I don't remember connecting with any (water is not my element) but I feel sure (second-hand knowledge) that there are some.
- Beings for which the Earth has nothing remotely equivalent – I had a very strong and moving connection with a race built a bit like large flattened tortoises, with a digestive tract for processing earth, much as worms do.
- Hive minds – I noticed one while assisting a starseed friend with a regression to her roots. That was fascinating, all these insects buzzing around and each one contributing only minimal 'brain power', but the whole, **via PTST, a single** conscious and intelligent **entity**.
- Beings of pure energy – it was from one such that I took on the name Elisius, mentioned above. In another experience I perceived energy beings floating around the lower atmosphere of a planet, somewhat like very small clouds. For material beings such as ourselves it's a weird feeling to vicariously slip through the body of another individual. But they do, and it feels for them both natural and welcomingly intimate.

Maybe you're sceptical about the energy beings – I point out that humans have traditionally been very good at thinking that things remote from their own experience can't exist. And then, when they were discovered, or our world view or understanding of science moved on, then suddenly they might or did exist, after all. I can only say that my perception was repeated and clear on this point, and that a few of my friends perceived such beings also. What this 'energy' might be or consist of will be addressed in another work.

Joy and sorrow always go hand in hand

My PTST connection to galactic affairs brought not only happy things – in real life, joy and sorrow always go hand in hand. The most shocking experience I had at that level was of a planet where a spacefaring race (not those described above) was very discretely nurturing the beings evolving there. But one day, a comet ploughed into their solar system, on a collision course with that world – and the few spaceships there had not enough thrust or time to deflect it. So through the eyes of one of their people on the planet, I witnessed an impact similar to that which on Earth wiped out the dinosaurs, or even a bit worse. I saw the fireball of the impact rolling towards me from the horizon, obliterating everything in its path. I cannot begin to describe the depths of sorrow at that witnessing.

When confronted with such things – and we have more than enough happening here on earth – I find it helpful to remind myself to step back and remember that Existence is playing out, with all its inevitable ups and downs, triumphs and setbacks, and to not get caught up in one particular episode or event. Rest in Being.

Advice for homesick starseeds

If you happen to be one of the few humans with a PTST connection to galactic affairs, then don't make a big thing of it, don't fall in love with the story, define yourself by it or misuse it for escapism. Accept it for what it is, embrace it as much as it helps you to get your feelings and world-view sorted out, and for the information and (through that) the practical help that it can give you, and to others through you.

All mutually recognised member civilisations of the galactic community are (very) advanced spiritually compared to the average state of humans. They would not be 'in the galactic club' if they were not. So connecting with them (any of them) may very well assist your own spiritual (re)kindling; all these civilisations have survived the formidable challenges which humanity right now faces, and have come out the other side. They are cleansed of egocentric madness and rooted in the understanding of the common good. Let them inspire you; but don't get into too much self-pity, about how nice it would be to be there, rather than here. Yes, it would; but there is so much needed here, so much that we can give, if only we can attain the spiritual state which we now witness as existing there. Want more ideas on that? Read the book 'E.T. 101' by Zoev Jho (Diana Luppi).

Mechanisms for helping younger civilisations

In addition to their general respect for the individuality of all beings and races, it's quite natural for such a diverse grouping as the galactic community to feel joy at the diversity of existence. They share this among themselves with each others so different body types

and the way each experiences life with their different sense organs and ways of feeling and thinking. Via PTST they link not only to each other, but also to developing races whose individuals are in general not yet able to perceive them.

But in younger developing races, such as humanity, a lot of suffering occurs. Compassion for suffering beings, and their literal noticing of the suffering, motivates Galactics to want to help, to ease that suffering. I have noticed the following mechanisms for doing so:

Starseeds: As already mentioned, some humans have access via PTST to individuals, events and morphic fields on a galactic scale. This could be due to a soul from a galactic world reincarnating here (if souls and reincarnation both exist), or due to remote beings building up connections from their end via PTST to people here. I'm content to call the mechanism question a black box; I do know that it works. Starseeds have access to much more advanced morphic fields, while being embedded in the human morphic fields. This advanced input is helpful in itself, and beyond that how such people live their lives here will normally be a further helpful contribution. This is the most potent method of support; but not the most frequent:

Nudgings: Quite a few Galactics practice this – very gently and not too often. It consists of making a very tenuous connection via PTST to the mind of an individual in a developing race. The contacted individual will not notice the connection, but their thoughts will get nudged very slightly – this may be for a mathematical, technical or spiritual insight (which they are ready for), or a compassionate action, or even the decision not to hit the red nuclear button.

Direct intervention: This is the only method which is sometimes a bone of contention within the galactic community. It happens very little since there are only a few spacefaring races in the galactic community. Of those few, only a very few use this method. To do so, a spaceship must visit the planet in question, so also for this reason interventions happen seldom.¹ To my knowledge interventions include the following forms:

- Face to face encounters with the local population in order to teach them new things.
- Vigorous use of energy: A Spacefarer creates a ball of informative energy and literally throws it at a local being (while trying not to be seen).

¹ FTL spaceships as described above reach around 8 to 10 times the speed of light, the limiting factor being the relocation frequency. So to borrow a term from Larry Niven, they ply a roughly spherical 'known space' of around 150 to 300 light years diameter, depending on how old and numerous the species is. This is a tiny volume compared to the diameter of the star-filled part of the milky way – about 105,000 light years. With on average one star per 3.3 cubic light years, their known space would hold between 500,000 and over 4 million stars – thus with only a smallish number of planets capable of supporting life.

- Subtle use of energy: A Spacefarer sneaks up to a local being (typically while they sleep) and feeds the required information from their own chakras to those of the local being.

As you can see, these methods are more 'robust' than the others described previously – which is why the vast majority of galactic community races feel uneasy with them. More on this just below, in Limits for helping younger civilisations.

Finally a word on Channelling: Channelling is a gift or technique whereby a person receives and passes on information – becomes a channel for it. Since our religious traditions for thousands of years have involved gods, angels, ancestor worship and other ways of passing the buck upstairs, the information received is normally attributed to guardian angels, the deceased, or in general the discarnate spirit world. In recent years there have been more instances of people purporting to channel information from beings on other worlds, which I'm often sceptical about as they don't feel right to me, and often contradict each other – it's a bit like deciding whether to believe the Bible, the Qur'an or the Gita. Don't believe any of them! If you do happen to take part in training for channelling then I suggest that you take any explanations of the above nature with a pinch of salt, and simply be internally open to connection with incarnate beings or morphic fields in the galactic community. In my own channelling training the others were all 'channelling' angels and ascended masters, while all I ever saw was beings rather like the Roswell aliens on the bridge of a spaceship – And they didn't even communicate with me verbally, they wrote messages on scraps of something like paper, screwed the paper up and threw it to me to open and read. Often enough in their own language .²

Limits for helping younger civilisations

Above I mentioned the physical diversity of the galactic community. Mental diversity goes hand in hand with it. But not only for this reason do Galactics value and cherish the individuality of species, they do so also out of a basic respect for life and existence. They aim therefore to nurture and include diversity. And they are patient – when a species is young and still fairly 'primitive', they are in general content to let it grow, perhaps with just a few nudgings here and there – for the exact reason to allow that individuality to develop naturally. Indeed, they will most likely be nudging the uniqueness, if they nudge at all.

But there comes a time in the evolution of almost all species when development increases exponentially – scientifically, technically and the size of the population. This is perforce a difficult time, in which the species must 'grow up' and learn to live sustainably and in harmony – or go under, in what Galactics have witnessed all too often: The Resource Wars. At such times, when the fate of a species is hanging by a thread, then Galactics

² The greys are generally known to be a bit mischievous.

will up their involvement if things look like going bad, up to a vague limit set by their standpoint not to curtail the individuality of that species. There are no galactic laws or enforcers, and since this concept is very much open to interpretation, some galactic species will be involved more than some others would for themselves feel is right. But while there is exchange on the topic, and sometimes vented feelings, no-one is judging or telling others what to do.

The Resource Wars: I got very clear information on this topic. About 90% of civilisations who get to this stage don't make it out the other side, instead they trash their biosphere and either fade away, mutate to something new, or just exterminate themselves. Of the 10% that do make it, over 90% of them return to a low-tech mode where they are mainly farmers, the remaining few make the jump to space and there find a lot more resources. This explains why not all spacefaring races are mutually recognised members of the galactic community – some bypassed (leapfrogged) the problems in their mindset, instead of solving it in themselves. In a nutshell: Not everyone with an interstellar spaceship is a member of the galactic community – a fact to bear in mind for later on...

A priceless jewel hangs in the balance

Galactics all have a deep love and respect for all forms of life, all aspects of manifestation. That said, the Earth is simply amazing, it is a precious jewel of breathtaking beauty. The biodiversity and resilience of the planet are currently unique in this galaxy – although many other planets support life in some form, for an aeon there has been nothing as beautiful as the Earth. Add to that: humans make such aesthetic bodies – in all my explorations in PTST I have not seen their like.

Put another way: Most humans just don't appreciate how *incredibly* fortunate they are, nor how seriously their belief patterns and actions are endangering themselves and the whole biosphere here. Virtually all individual Galactics are mentally standing on the sidelines, cheering Earth and Humanity on to get through this turbulent and uncertain period, and avoid trashing this once in an aeon chance for absolutely outstanding beauty.

Needless to say, the current support from Galactics for Humanity is right at the upper limit of what they feel they can allow themselves to provide. And then some.